

**BALTIMORE COUNTY PUBLIC SCHOOLS**  
**Office of Food and Nutrition Services**

*This institution is an equal opportunity provider.*

**Cafeteria Workers and Substitutes Needed!**

Starting salary is \$10.72/hour for cafeteria workers and \$10.10/hour for substitutes. Apply online at <https://applitrack.com/bcps.onlineapp/>.

**Elementary School Menu**  
**January 2019**



*Menu subject to change without prior notice.*

Elementary School Meal Prices			
Breakfast	\$1.40	Reduced Price	\$0.00
Lunch	\$2.90	Reduced Price	\$0.00
Prepay for your child's meals! Visit <a href="http://www.myschoolbucks.com/">http://www.myschoolbucks.com/</a> to enroll.			
<b>Free and Reduced-Price Meals apply online at</b> <a href="https://mealapps.bcps.org1fserver/EFORM">https://mealapps.bcps.org1fserver/EFORM</a>			

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	<b>Christmas Holiday/Winter Break</b>  <b>Schools and Offices Closed</b>	<b>Pizza, Cheese or Pepperoni</b> <b>Fish Nuggets w/Cornbread Muffin</b> <b>Yogurt &amp; String Cheese w/Granola Clusters</b>  Mango Swirl Juice Groovy Green Beans Mandarin Oranges Assorted Fresh Fruits & Vegetables	<b>Spaghetti w/Meat Sauce &amp; Garlic Breadstick</b> <b>Cheese Quesadillas</b> <b>Yogurt &amp; String Cheese w/Granola Clusters</b>  Sassy Salsa Rockin' Romaine & Spinach Salad Pineapple Assorted Fresh Fruits & Vegetables	<b>Chicken Nuggets</b> <b>Turkey and Cheese Sub</b> <b>Yogurt &amp; String Cheese w/Granola Clusters</b>  Smile Potatoes Pears Assorted Fresh Fruits & Vegetables
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>Pancakes w/Turkey Sausages</b> <b>Hot Dog on Roll</b> <b>Yogurt &amp; String Cheese w/Granola Clusters</b>  Gold Rush Juice Crunchy Cucumbers & Cherry Tomatoes Warm Cinnamon Apples Assorted Fresh Fruits & Vegetables	<b>Chicken Drumstick w/Dinner Roll</b> <b>Corn Dog</b> <b>Yogurt &amp; String Cheese w/Granola Clusters</b>  Broccoli Florets w/Ranch Dip Creamy Mashed Potatoes Gravy Mandarin Oranges Assorted Fresh Fruits & Vegetables	<b>Pizza, Cheese or Pepperoni</b> <b>Hamburger/Cheeseburger on Roll</b> <b>Grilled Chicken Salad w/Wheat Crackers</b> <b>Yogurt &amp; String Cheese w/Granola Clusters</b>  Groovy Green Beans Applesauce Assorted Fresh Fruits & Vegetables	<b>Taco or Taco Salad w/Scoops Chips</b> <b>Chicken Patty Sandwich</b> <b>Yogurt &amp; String Cheese w/Granola Clusters</b>  <b>100% Juice RIPS</b>  Sassy Salsa Fiesta Black Beans Country Corn Assorted Fresh Fruits & Vegetables	<b>Chicken Nuggets</b> <b>Cold Cut Sub</b> <b>Yogurt &amp; String Cheese w/Granola Clusters</b>  Bold Baked Beans Crunchy Celery Sticks w/Ranch Dip Peaches Assorted Fresh Fruits & Vegetables
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>Mozzarella Dippers</b> <b>Teriyaki Chicken Nuggets w/Rice &amp; Chow Mein Noodles</b> <b>Yogurt &amp; String Cheese w/Granola Clusters</b>  Marinara Sauce Groovy Green Beans Pears Assorted Fresh Fruits & Vegetables	<b>Popcorn Chicken w/Cornbread Muffin</b> <b>Macaroni &amp; Cheese w/Cornbread Muffin</b> <b>Yogurt &amp; String Cheese w/Granola Clusters</b>  Glazed Baby Carrots Peaches Assorted Fresh Fruits & Vegetables	<b>Pizza, Cheese or Pepperoni</b> <b>Beef Ravioli w/Garlic Breadstick</b> <b>Tuna Salad Box w/Wheat Crackers</b> <b>Yogurt &amp; String Cheese w/Granola Clusters</b>  Mighty Collard Greens Applesauce Assorted Fresh Fruits & Vegetables	<b>INDOOR PICNIC</b> <b>Hamburger/Cheeseburger on Roll</b> <b>Hot Dog on Roll</b> <b>Yogurt &amp; String Cheese w/Granola Clusters</b>  <b>Free Bag of Chips</b>  Bold Baked Beans Corn on the Cob Mixed Fruit Assorted Fresh Fruits & Vegetables	<b>Chicken Nuggets</b> <b>Cold Ham (Turkey) &amp; Cheese Sub</b> <b>Yogurt &amp; String Cheese w/Granola Clusters</b>  Brainy Broccoli w/Cheese Sauce Pineapple Assorted Fresh Fruits & Vegetables

**AVAILABLE DAILY**

**A variety of milk (1% white, fat free white/chocolate/strawberry) and fresh fruits and vegetables.**

**Cheese Sandwich**

Monday	Tuesday	Wednesday	Thursday	Friday
21 <b>Dr. Martin Luther King Day</b> <b>Schools and Offices Closed</b>	22 Grilled Cheese Chicken Drumstick w/Dinner Roll Yogurt & String Cheese w/Granola Clusters  Tempting Tomato Soup Crunchy Celery Sticks w/Ranch Dip Mandarin Oranges Assorted Fresh Fruits & Vegetables	23 Pizza, Cheese or Pepperoni BBQ Beef Rib Sub Turkey BLT Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters  Country Corn Gold Rush Juice Pears Assorted Fresh Fruits & Vegetables	24 Chicken Patty Sandwich Lasagna w/Garlic Breadstick Yogurt & String Cheese w/Granola Clusters  Roasted Butternut Squash Rockin' Romaine & Spinach Salad Applesauce Assorted Fresh Fruits & Vegetables	25 <b>Closing 3 Hours Early</b> Chicken Nuggets Yogurt & String Cheese w/Granola Clusters  Bold Baked Beans Mixed Fruit Assorted Fresh Fruits & Vegetables
28 Mozzarella Dippers BBQ Grilled Chicken Sandwich Yogurt & String Cheese w/Granola Clusters  Sweet Potato Puffs Marinara Sauce Peaches Assorted Fresh Fruits & Vegetables	29 Orange Chicken w/Rice & Chow Mein Noodles Fish Nuggets w/Cornbread Muffin Yogurt & String Cheese w/Granola Clusters  Brainy Broccoli Yummy Baby Carrots Pineapple Assorted Fresh Fruits & Vegetables	30 Pizza, Cheese or Pepperoni Sloppy Joe on Roll Ham Chef Salad w/Wheat Crackers Yogurt & String Cheese w/Granola Clusters  Lovely Lima Beans Mandarin Oranges Assorted Fresh Fruits & Vegetables	31 Taco or Taco Salad w/Scoops Chips Corn Dog Yogurt & String Cheese w/Granola Clusters  Country Corn Sassy Salsa Fiesta Black Beans Mixed Fruit Assorted Fresh Fruits & Vegetables	



**Breakfast in the Classroom (BIC) schools, please visit [www.bcps.org/parents/](http://www.bcps.org/parents/) and click on "Printable Menus" under Student Meals for your offerings.**

**BREAKFAST MEAL PATTERN**

Components	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Entrée/Grain 1 oz.</b> <i>Select 1 or 2</i>  <b>OR</b>	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt	Cereal Bar Cereal Bowl Elf Grahams String Cheese Yogurt
<b>Entrée/Grain 2 oz.</b> <b>OR</b>	French Toast Sticks	Breakfast Pizza	*Savory Bread	**BeneFIT Breakfast Bar	Flapstick
<b>Breakfast Break Bag</b> (contains– grain item, cereal box, juice box)	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag	Breakfast Break Bag
<b>Fruit</b> <i>Select 1 or 2</i>	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit	100% Fruit Juice Fresh, Canned or Dried Fruit
<b>Milk</b> <i>Select 1</i>	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)	1% Milk (unflavored) Fat Free Milk (flavored)

**\*Savory Bread flavors vary monthly to include: blueberry, banana, pumpkin, zucchini and chocolate.**

**\*\*BeneFIT Breakfast Bar flavors will vary monthly to include: oatmeal chip, french toast, banana chocolate chip and apple cinnamon.**