

BALTIMORE COUNTY PUBLIC SCHOOLS
Office of Food and Nutrition Services
This institution is an equal opportunity provider.



January 2019

Middle School Breakfast in the Classroom

*Breakfast delivered to students and eaten in the classroom before the school day begins.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---|---|---|------------------------------|----------------------------|
| | | 1 | 2 | 3 | 4 |
| Choose 1: | | | Breakfast Break Bag (includes juice) | Pop Tart (2 pk.) | Assorted Entrees |
| Choose up to 2: | Schools | Closed | Amazin' Raisins | Juice Applesauce Cup | Juice Assorted Fruit |
| Choose 1: | | | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk |
| | 7 | 8 | 9 | 10 | 11 |
| Choose 1: | Breakfast Break Bag (includes juice) | Grape Filled Crescent | Chocolate Muffin | Hard Boiled Egg | Assorted Entrees |
| Choose up to 2: | Amazin' Raisins | Juice Craisins | Juice Fresh Sliced Apples | Juice Applesauce Cup | Juice Assorted Fruit |
| Choose 1: | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk |
| | 14 | 15 | 16 | 17 | 18 |
| Choose 1: | Breakfast Break Bag (includes juice) | Zucchini Bread | Mini Cinnis | Pop Tart (2 pk.) | Assorted Entrees |
| Choose up to 2: | Amazin' Raisins | Juice Craisins | Juice Fresh Sliced Apples | Juice Buddy's Fruit Pouch | Juice Assorted Fruit |
| Choose 1: | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk |
| | 21 | 22 | 23 | 24 | 25 |
| Choose 1: | | Breakfast Break Bag (includes juice) | Oatmeal Chip Bar | Cereal Bar | Assorted Entrees |
| Choose up to 2: | Schools Closed | Amazin' Raisins | Juice Fresh Sliced Apples | Juice Mixed Fruit Cup | Juice Assorted Fruit |
| Choose 1: | | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk |

A hot breakfast of Blueberry Flapstick will be available during the highlighted week (in select schools).

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---|----------------------------|------------------------------|----------------------------|----------------------------|
| | 28 | 29 | 30 | 31 | Feb 1 |
| Choose 1: | Breakfast Break Bag (includes juice) | Oatmeal Chip Bar | Cinnabar | Pop Tart (2 pk.) | Assorted Entrees |
| Choose up to 2: | Amazin' Raisins | Juice Craisins | Juice Fresh Sliced Apples | Juice Grapes | Juice Assorted Fruit |
| Choose 1: | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk | 1% White Milk Skim Milk |

A hot breakfast of Blueberry Flapstick will be available during the highlighted week (in select schools).